

## TERMINATION AND DOMINANCE OF CORONARY ARTERIES: ON TELANGANA POPULATION

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### ABSTRACT

**Introduction:** Coronary arteries supply oxygen rich blood to entire heart muscle, Arterial supply to heart is achieved by two arteries, which are the only branches from ascending aorta. These arteries branch in such a manner that they occupy atrioventricular and interventricular groove in the shape of a crown. Hence they are called the coronary arteries. The artery supplying the Posterior Descending artery (PDA) determines the coronary dominance. the right dominant coronary circulation is one in which the PDA is a terminal branch of Right Coronary Artery (RCA) and in left dominance, PDA arises from left coronary artery Left dominant hearts are at an increased risk of coronary heart diseases. The present survey was therefore conducted to find out the variations in termination and dominance of coronary arteries.

**Materials and Methods:** The material for the present study comprises of adult human heart collected from the cadavers from the dissection hall of anatomy department of S.V.S medical college, Mahabubnagar from 2007 to 2016. The hearts of 80 adult cadavers fixed with 10% formaldehyde, With the help of Scalpel, Forceps, Scissors, we used Dissection method to secure the heart specimen, then KOH method used To separate the heart muscle mass and for highlight the arterial system Fecicryl crimson red colour. For the Angiogram study, 20 Coronary angiograms and 20 CT angiograms films were collected from the Department of Cardiology, Yashoda hospital, Secunderabad to compare the coronary arteries in the living with that cadavers.

**Results:** Right coronary artery terminated as a 7.5% before right border, 15% at right border, 22.50% before Crux and 55% at crux or beyond crux. Left coronary artery terminated as a 15% at Apex, 85% Lower 1/3rd of Posterior IV groove. and Right Coronary Artery Dominance were found in 70% hearts, Left Dominance were found in 15% hearts and balanced were found in 15% hearts.

**Conclusions:** Better anatomical knowledge about the dominance of coronary artery and its variation is essential for cardiologists and interpretation of coronary angiograms by radiologist.

**KEY WORDS:** Right Coronary Artery (RCA), Left Coronary Artery (LCA), Posterior Descending Artery (PDA), Dominance.

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### INTRODUCTION

Cardia is from the Greek word Kardia, meaning heart. It is the heart that provides the motive force acting as a pump to move blood through

the circulatory system. Heart receives its blood supply from the coronary vessels. It may seem like the heart has easy access to blood, however the blood passing through the chambers of

heart does not actually supply it, instead special blood vessels, called coronary arteries deliver blood into heart muscle itself.

The word coronary is derived from the Latin word *co-ro-ne*, Greek *ko ro ne*, means anything hooked or curved and coronary means 'encircling in a manner of crown' [1].

Arterial supply to heart is achieved by two arteries, which are the only branches from ascending aorta. These arteries branch in such a manner that they occupy atrioventricular and inter-ventricular groove in the shape of a crown. Hence they are called the coronary arteries [2].

Coronary arteries are the largest *vasa vasorum* of the heart, the heart develops from the fusion of two primitive endothelial tubes, which represent the ventral aorta. The right coronary artery arises from the right coronary sinus (anterior aortic sinus) of the ascending aorta and the left coronary artery arises from the left posterior aortic sinus of the ascending aorta [3]. Ostia of the coronary arteries are located in the center of the corresponding aortic sinuses. Malformations of the position of the ostia and origin of coronary arteries lead to high risk of sudden death [4].

Vascular anomalies pose a great challenge to anatomists and Cardio-Thoracic surgeons. Knowledge of normal coronary anatomy and its variations or anomalies is essential in heart surgeries. Failure in detection of these anomalies leads to complications [5].

Holsted, a pioneer American surgeon has said that the best way to avoid injury to blood vessels is to know all possible variations in course, distribution and branches. Any surgical trauma sustained by blood vessels is irreparable leading to the necrosis of the part involved.

The coronary arteries, studied for many years to determine the pathophysiology of coronary artery disease, have been under intense scrutiny by those attempting to revascularize areas of ischemic myocardium using grafts to bypass arteries that have become obstructed by atheroma [6].

Major or minor congenital anomalies of the coronary arteries are present in those undergoing cardiac catheterization. Depending upon the origin, course, and termination of the anomalous vessel, certain coronary anomalies may be associated with sudden death, syncope, other congenital heart diseases, or angina syndromes, or they may be incidental findings, without adverse prognosis. Accurate recognition and documentation of coronary artery anomalies at the time of coronary angiography are essential to determine the significance of such findings and to avoid therapeutic complications [7].

Global population has different types of coronary predominance and having different degree of myocardial infarction and different percentage of incidence. The myocardial infarction is seen usually due to the obstruction of left coronary artery because it is having more transverse diameter than right. The degree of severity of myocardial infarction is more if it is left coronary dominant [8].

This current study is done to throw light upon the termination of right coronary artery and left anterior descending, branches of left coronary artery. This is to help the cardiologists for a better approach to cardiac disease for a precise cure.

## MATERIALS AND METHODS

The material for the present study comprises of adult human heart collected from the cadavers from the dissection hall of anatomy department of S.V.S medical college, Mahabubnagar from 2007 to 2016. The hearts of 80 adult cadavers fixed with 10% formaldehyde, With the help of Scalpel, Forceps, Scissors,

I used Dissection method To secure the heart specimen, then KOH method used To separate the heart muscle mass and for highlight the arterial system Fevicryl crimson red colour. For the Angiogram study 20 Coronary angiograms and 20 CT angiograms films were collected from the Department of Cardiology, Yashoda hospital Secunderabad to compare the coronary arteries in the living with that cadavers

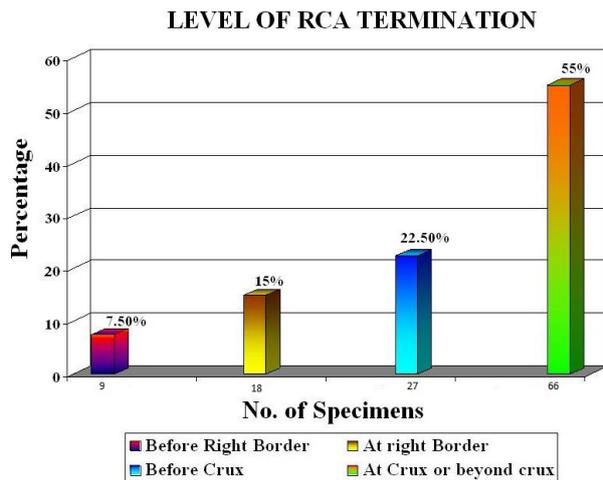
## RESULTS

**Level of Termination of Right Coronary Artery:** Observation on the level of termination of right coronary artery revealed that it terminated at crux or beyond crux in 66 out of 120 (55%) specimens, before crux in 27 (22.5%) specimens,

at right border of heart in 18 (15%) specimens and before right border in 9 (7.5%) specimens.

**Table 1:** Showing the Level of Termination of Right Coronary Artery.

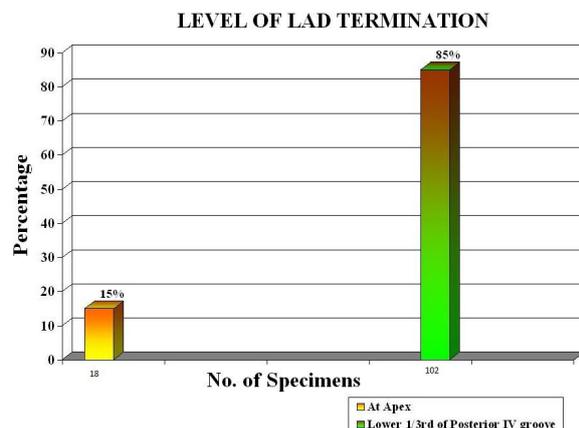
RCA termination level	No. of specimens	Percentage
Before right border	9	7.5
At right border	18	15
Before crux	27	22.5
At crux or beyond crux	66	55



**Level of termination of left anterior descending artery:** Observation on the level of termination of LAD branch of left coronary artery revealed that it terminated beyond apex in the lower part of the posterior IV groove in 102 out of 120 specimens (85%), and at the apex in 18 out of 120 specimens (15%).

**Table 2:** Showing the Level of termination of left anterior descending artery:

LADA termination level	No. of specimens	Percentage
At apex	18	15%
Lower 1/3rd of posterior IV groove	102	85%



**Origin of posterior descending artery:** Observations on the origin of the PDA to note the 'predominance' of heart revealed that 84 out of 120 specimens (70%) were branches from RCA and 18 out of 120 specimens (15%) were branches from LCA. In the remaining 18 hearts (15%) posterior IV groove received separate branches from both the arteries.

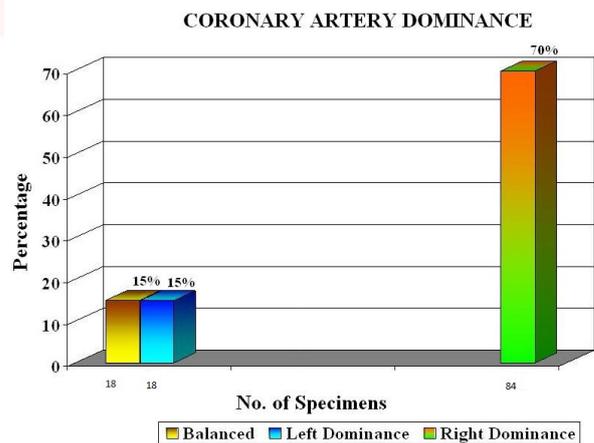
**Table 3:** Showing the origin of posterior descending artery.

Posterior descending artery	Number	%
Right coronary artery	84	70%
Left coronary artery	18	15%
Both	18	15%

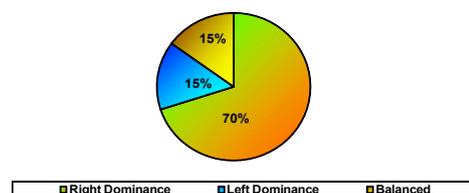
**Coronary artery dominance:** Observations on the dominance of heart revealed that 84 out of 120 specimens (70%) were right dominant, 18 out of 120 specimens (15%) were left dominant and the 18 (15%) were having balanced circulation.

**Table 4:** Showing the Coronary artery dominance.

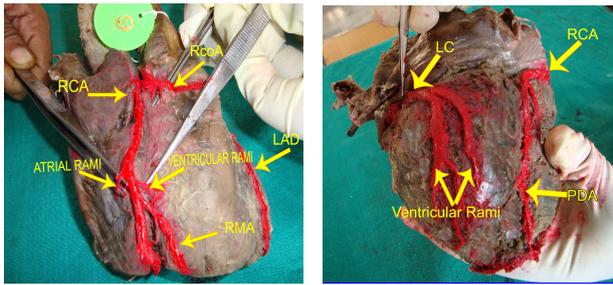
Coronary Artery Dominance	No. of Specimens	Percentage (%)
Right dominance	84	70
Left dominance	18	15
Balanced	18	15



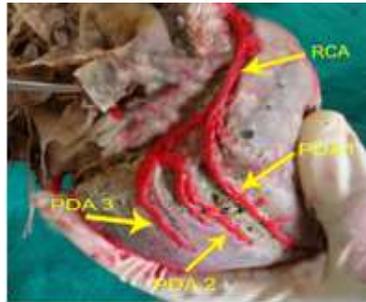
**Coronary Artery Dominance**



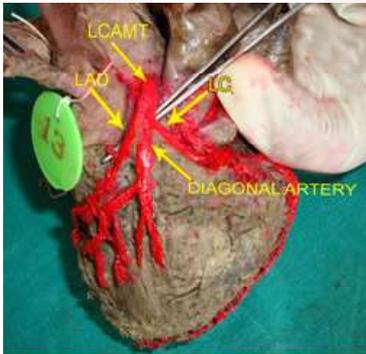
**Fig. 1:** Specimen no. 9 showing normal coronary arteries in (a) anterior view and (b) posterior view.



**Fig. 2:** Specimen no. 4 showing 3 PDA arises from RCA.



**Fig. 3:** Specimen no. 13 showing LCAMT Trifurcation.



**Fig. 4:** Specimen No 92, Showing (a) RCA Total Block, (b) LCA continues as PDA.

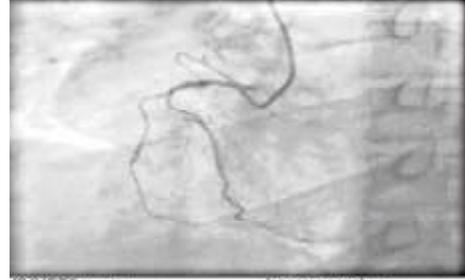


MR. NARASIMHA (no scene name)  
 8390 - CAG + Primary PTCA 14-03-2010 20:17:17  
 18-11-1858 LAD: 02. CRAN: 2.4 (Phase A)  
 Coronary/Diagnostic Coronary Catheterizat/Scene: 5  
 14-03-2010 20:17:17 Frame: 24



MR. NARASIMHA (no scene name)  
 8390 - CAG + Primary PTCA 14-03-2010 20:17:17  
 18-11-1858 RAO: 16. CAUD: 26. (Phase A)  
 Coronary/Diagnostic Coronary Catheterizat/Scene: 1  
 14-03-2010 20:17:17 Frame: 62

**Fig. 5:** Specimen No 17, Showing (a) RCA with large IV branch, (b) LCA with Trifurcation.



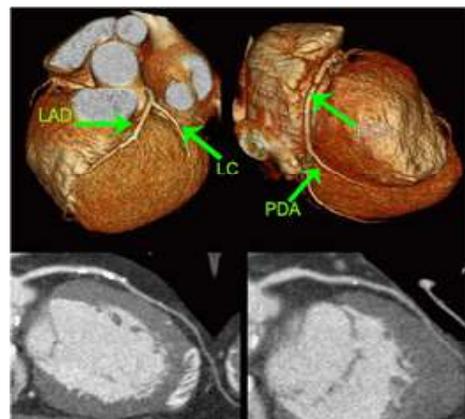
MR. K. SURESH (no scene name)  
 YASHODA HOSPITAL 11-03-2010 13:52:04  
 8017 - CAG LAD: 01. CRAN: 0.1 (Phase A)  
 11-03-2010 Scene: 3  
 Coronary/Diagnostic Coronary Catheterizat/Frame: 35

**Fig. 6:** Specimen No 95, Showing (a) LC proximal segment, (b) large PDA arising from LC.

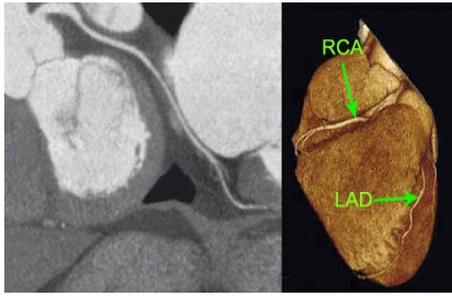


MR. K. SURESH (no scene name)  
 YASHODA HOSPITAL 20-03-2010 13:07:00  
 8017 - CAG LAD: 06. CRAN: 0.6 (Phase A)  
 20-03-2010 Scene: 4  
 20-03-2010 13:07:00 Frame: 37

**Fig. 7:** Specimen No.105 showing (a) Anterior view (b) Posterior view.



**Fig. 8:** Showing the specimen No.108 with RCA, LCA.



**DISCUSSION**

The branching pattern and distribution of coronary arteries have been studied by various workers in the past. Coronary artery disease is one of the most common causes of death due to changing dietary habits, sedentary habits, smoking etc, in developing countries like India. With the advancement of medical technology, the incidence of coronary angiography and coronary bypass surgeries, stent, balloon angioplasty is also increasing. The present study was taken up with the hope that the data collected in the study may help clinician to interpret properly the findings which will lead on to its remedy.

In this study, a note on the dominance of the heart, the termination of RCA and LAD branch was done.

**Level of termination of right coronary artery:** In the present study RCA terminated at crux or beyond crux in 55%, before crux in 22.5% and right border in 15% and It is terminated before right border 7.5 %. Is correlating with the grays at the right border 10%, before the crux 20%, At the crux or beyond crux 60% [9]. Kalpana. R (2003) The right coronary artery terminated at 1 to 3 cms beyond crux in 76%, reached upto the left border in 8%, terminated at the crux in 6%, at right margin in 7% and between right margin and crux in 3% of the specimens [10]. In this RCA termination at crux or beyond crux (76 + 8 + 6) 90 % and before crux 3% and at right border 7% is not correlating with the present study.

**Table 5:** Level of termination of right coronary artery.

Sl.No.	Study done by	At the right border (%)	Before the crux (%)	At the crux or beyond crux (%)
1	Grays 38th Edition [9]	10	20	60
2	Kalpana. R (2003) [10]	7%	3%	90 (76+8+6)
3	Present study	15	22.5	55

**Level of termination of left anterior descending:** In the present study the LAD terminated beyond apex in the lower 1/3 of the posterior IV groove in 85% and at the apex in 15% is correlating with the kalpana.R (2003) at apex 12%, Lower 1/3rd posterior interventricular groove 80% (10) but not with study of JAMES (1961) At apex 23% , Lower 1/3rd posterior interventricular groove 60% [11].

**Table 6:** Showing the Level of termination of left anterior descending.

Sl.No.	Study done by	Before apex (%)	At apex (%)	Lower 1/3rd posterior interventricular groove (%)
1	James (1961)[11]	17	23	60
2	Kalpana. R (2003) [10]	8	12	80
3	Present study	-	15	85

**Coronary dominance:** -In the present study 70% were Right Dominant and 15% were Left Dominant and 15% showed Balanced circulation is correlating with Sally P All work (1987) Right Dominance 70%, Left Dominance 15%, Balanced 15% [2] and K.V. Venkatesh (2005) Right Dominance 68.75%, Left Dominance 16.66 % , Balanced 14.58% [8].

**Table 7:** Showing the coronary dominance.

Sl.No.	Study done by	Right Dominance (%)	Left Dominance (%)	Balanced (%)
1	Cavalcanti (1995)[12]	88.18	11.82	-
2	Kalpana R (2003) [10]	89	11	-
3	B.K. Omer (1977) [13]	53.3	16.7	30
4	Gutelins and Sabiston (1961) [14]	46.9	21.9	13.2
6	K.V. Venkateshu (2005)[8]	68.75	16.66	14.58
7	Banchi (1903)[15]	17	10	73
8	Schlesinger (1940)[16]	48	34	18
9	Sally P Allwork (1987)[2]	70	15	15
10	Present study	70	15	15

**CONCLUSION**

The present study on level of termination of right coronary artery showed that 55% terminated at crux or beyond. The level of termination indicates that right coronary artery supplies major part of right atrium, right ventricle and the length of right coronary artery in the antriove ntricular groove beyond the crux will show the blood supply to the left ventricle adjacent to the posterior interventricular groove, the posterior 1/3rd of the interventricular septum hence the conducting system,

The present study on the predominance of heart shows 70% were right dominant, 15% were balanced and 15% were left dominant. The degree of severity of myocardial infarction is more if it is left coronary artery dominance. Better anatomical knowledge about the dominance of coronary artery and its variation is essential for cardiologists and interpretation of coronary angiograms by radiologist.

**Conflicts of Interests: None**

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