MORPHOMETRIC STUDY OF THE GREATER PALATINE FORAMEN IN THE DRIED BONES OF EASTERN INDIA

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ABSTRACT

Introduction: Greater palatine foramen is a very important landmark for administering anesthesia in maxillofacial and dental surgeries. Getting the anesthesia correct each time is a technical manoeuvre, which require sufficient amount of clinical skill and experience. The anatomical landmark has been described by many authors but as per the data in the eastern Indian population it is sparse. This study aims to define the greater palatine foramen according to various landmarks.

Materials and Methods: One hundred and three skulls from two medical colleges of eastern India were studied by the first and second authors separately and consecutively. All the skulls were examined for any broken parts in the hard palate and in the greater palatine foramen region. Only the skulls that were intact in these areas were considered for the study.

Result: The mean distance of the greater palatine foramen to the incisive foramen was 35.45mm in the males and 34.82mm in the females. The average distance between the greater palatine foramen and the midline maxillary suture was 13.22mm in the males and 12.98 mm in the females. In 85.92% cases we found the GPF to be oval in shape and it opened in to the oral cavity antero-medially in 58% of the cases. With respect to the molar teeth, in 42.71% of the cases the greater palatine foramen was present opposite the anterior ½ of the 3rd molar.

KEY WORDS: Greater Palatine Foramen, Greater Palatine Canal, Eastern India, Anaesthesia, Incisive Foramen.

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INTRODUCTION

The greater palatine foramen (GPF) is present bilaterally at the posterior angle of the hard palate. In surgeries related to posterior maxilla, blocking the greater palatine nerve (GPN) is important for facilitating various palatal and dental procedures. The GPN emerges from the maxillary nerve in the pterygopalatine fossa and Sudeepa Das, Bikash Chandra Satapathy, et al., MORPHOMETRIC STUDY OF THE GREATER PALATINE FORAMEN IN THE DRIED BONES OF EASTERN INDIA.

then it comes to the oral cavity through the GPF in the Greater palatine canal (GPC) [1]. The GPN supplies the soft and the hard tissues of the palate and gives branches in the GPC. The maxilla, palate, palatal glands with its mucoperiosteum and gingiva are innervated by the neurovascular bundle formed by the greater palatine nerve together with the greater palatine artery [1].

Finding accurate position of the GPF may resolve various problems in administering local and regional anesthesia during surgeries of the cleft palate, maxillary sinus or palatal free vascular flaps [2]. As anaesthesia is given in the region of the GPF, a thorough knowledge of the position of the GPF is required for the same. Inadequate knowledge regarding localization of the GPF may invite risk due to damage to this neurovascular bundle. Due to easy and clear approach to the median maxillary suture (MMS) and the molar teeth, they serve as important landmarks to locate the GPF during oral surgeries. Several studies have also stated that the GPF usually lies opposite the 3rd molar tooth [3]. Some textbooks of anaesthesia stated regarding the location of the GPF that it may be either anterior or posterior to the 3rd molar tooth or may be present in between the 2nd & 3rd molar tooth [4]. The knowledge regarding the position of GPF prevents the faulty deposition of anaesthesia into the nasopharynx [5] and also it decreases the risk of hematoma formation due to pterygoid venous plexus puncture [6].

Due to the racial and ethnic variations certain geometric differences in the GPF have also been reported. The present study is an attempt to localize the GPF in the eastern Indian population using various palatal landmarks in dry skulls.

MATERIALS AND METHODS

One hundred and twenty skulls of known gender were collected from the osteology section of department of anatomy of KIMS, Bhubaneswar and SCB Medical College, Cuttack. Skulls from MBBS students of KIMS were also included in the study. These bones were then inspected for any damage in the region of hard palate and upper alveolar arch. Only the skulls where these structures were intact were included in this study and others were rejected. So we included only one hundred and three skulls in the study. The greater palatine foramen was studied in relation to different anatomical landmarks and its internal structure.

Inclusion criteria

- · Skulls with intact hard palate
- Exclusion criteria
- · Skulls with damaged hard palate

The morphometric measurements of the greater palatine foramen and distances from various landmarks were measured by a digital callipers which is calibrated with accuracy nearest to 0.1mm. The angle between the median maxillary suture and the line joining the GPF with the incisive foramen was calculated in I C Measure software (https://www.theimagingsource.com). The direction of GPF opening into the oral cavity was studied using a 26 gauge needle.

The following parameters were studied.

- · Shape of GPF
- · Direction of GPF
- Relation of GPF with the third molar tooth.
- Antero-posterior diameter and transverse diameter of the GPF.
- DGM=Distance between center of GPF to median maxillary suture (MMS).
- DGP=Distance between center of GPF to posterior border of hard palate (PBHP).

Angle formed by MMS and line joining GPF with incisive foramen.

The data collected were compiled and statistically analysed in Stata software.



RESULTS

Many authors have tried to find out the morphometry and the position of the GPF in respect Sudeepa Das, Bikash Chandra Satapathy, et al., MORPHOMETRIC STUDY OF THE GREATER PALATINE FORAMEN IN THE DRIED BONES OF EASTERN INDIA.

to different bony landmarks in different populations. In these studies the GPF has shown a lot of variations in relation to its position and dimension. We calculated all the parameters and these are tabulated in Table 1.

The direction of the GPF was assessed by passing a 26 gauge needle. Most of the skulls showed that the GPF was directed anteromedially followed by anteriorly. Table 3 summarizes the data. Chi-square test failed to demonstrate any gender predisposition, so though anteromedial direction is the most prevalent direction of the GPF, but no direction has more prevalence in any specific gender.

The position of the GPF was calculated by looking at its position in relation to 3rd molar tooth.So we had 4 categories. The GPF's position was on hard palate, but its position could be behind the 3rd molar, against the posterior half, anterior half of the third molar tooth or it could be anterior to that of the third molar tooth. The findings are summarized in Table No 4.

The transverse diameter of the GPF and the distance between the GPF and the MMS showed statistically significant sexual dimorphism, being larger in the males. Most of the other parameters were larger in males than that of the females, but they were statistically not significant.

PARAMETERS	SIDE	GENDER	MEAN (mm)	t value	p value	
	Dight	Male	4.64±0.56	0.242	0 722	
AD Diameter	Right	Female	4.58±1.013	0.542	0.732	
AP Didifieter	1.04	Male	4.68±0.78	2 102	0.029	
	Len	Female	5.07±1.04	2.105	0.058	
	Dight	Male	3.6±0.64	4.02	0.0001	
Transverse Diameter	Right	Female	3.05±0.66	4.02	0.0001	
	Loft	Male	3.48±0.31	10.007	0.0001	
	Len	Female	2.78±0.3	10.907	0.0001	
	Pight	Male	13.16±0.82	1 2 2 6	0 199	
Distance CDE MMAG	Right	Female	12.88±1.34	1.520	0.188	
(DGM)		Male	13.28±0.53			
(DGINI)	Left	Female	13.07±1.45	1.058	0.292	
		Female	35.1±2.92			
	Dight	Male	5.22±0.67	0 0E 2	0.0001	
Distance GPF-PBHP	Right	Female	3.95±0.88	8.052	0.0001	
(DGP)	Loft	Male	5.09±0.75	8 086	0.0001	
	Leit	Female	3.53±0.96	8.980	0.0001	
Angle between MMS	Right	Male	23.04±1.7	1.904	0.059	
and line joining GPF	night	Female	23.76±1.94	2.001	0.055	
with incisive	Loft	Male	22.69±1.33	2 152	0.03/	
foramen	Leit	Fomalo	23 28+1 9/	2.133	0.054	

 Table 1: Various parameters.

Table 2: Shape of the GPF.

Sido	Shana	Gen	ıder	Total		n valuo	
Side	Slidhe	Male	Female	TULAI	cili-square	p value	
	Oval	59[67.8%]	28[32.2%]	87		0.648	
Right	Round	9[75%]	3[25%]	12	0.8665		
	Slit	2[50%]	2[50]%	4			
	Oval	61[67.8%]	29[32.2%]	90			
Left	Round	8[88.9%]	1[11.1%]	9	5.2023	0.074	
	Slit	1[25%]	3[75%]	4			

Table 3: Direction of the GPF.

Cido	Direction	Ge	nder	Total		n value	
Side	Direction	Male	Female	TOLAT	Chi-square	p-value	
	Anteromedial	40	22	62			
	Anterior	21	9	30		0.505	
Right	Anterolateral	0	0	0	1.3653		
	Vertical	9	2	11			
-	Posterior	0	0	0			
	Anteromedial	- 38	19	57			
	Anterior	22	11	33			
Left	Anterolateral	0	0	0	0.5488	0.76	
	Vertical	10	3	13			
	Posterior	0	0	0			

Table 4: Position of the GPF.

Side	Desition	Gender		Total	Descentage	Chi causara	n value	
Side	Position	Male	Female	TULAI	Percentage	Chi-square	pvalue	
	Behind 3rd molar	9[64.3%]	5[35.7%]	14	13.6		0.738	
Right	Anterior 1/2 of 3rd molar	33[71.7%]	13[28.3%]	46	44.6	1 2625		
Kigitt	Posterior 1/2 of 3rd molar	17[60.7%]	11[39.3%]	28	27.2	1.2023		
	Between 2nd and 3rd molar	11[73.3%]	4[26.7%]	15	14.6			
	Behind 3rd molar	11[73.3%]	4[26.7%]	15	14.6			
	Anterior 1/2 of 3rd molar	25[59.5%]	17[40.5%]	42	40.8			
Left	Posterior 1/2 of 3rd molar	19[70.4%]	8[29.6%]	27	26.2	2.6972	0.441	
	Between 2nd and 3rd molar	15[78.95]	4[21.1%]	19	18.4			

Table 5: Comparison of antero-posterior and transversediameter of the GPF.

	AP Diameter mean in mm	AP in Right side in mm	AP in Left side in mm	Transverse Diameter in mm	Transverse Diameter on Right in mm	Transverse Diameter on Left in mm
Klosek and Rungruang 2009 [9]	5			2.7		
Hwang et al 2011 [CT Study] [7]	4.5	-		2.2		
Fu et al 2011 [10]	4.6	-		2.8		
Piagkou et al 2012 [11]	5.3	-		2.7		
Nimigean 2013[2]	4.9±0.9		-	3.0±0.5		
Sharma and Garud 2013 [5]	4.72±1.4					-
Tomsazewski 2014 [6]	5.1	-	-	3	-	-
Beetge et al 2018 [CT Study] [1]		5.35±1.08	5.08±0.94		2.81±0.54	2.81±0.78
Present study	4.71±0.82	4.62±0.73	4.81±0.89	3.34±0.59	3.43±0.69	3.26±0.45

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	Anterior to 3 rd Molar Tooth (%)		Anterior to 3 rd Molar Tooth (%) Anterior ½ of 3 rd Molar Tooth /Medial to 3 rd Molar Tooth (%)		Posterior ½ of 3 rd Molar Tooth /Opposite 3 rd Molar Tooth (%)			Distal to 3 rd Molar Tooth (%)				
	Right	Left	Total	Right	Left	Total	Right	Left	Total	Right	Left	Total
Saralya and Nayak 2007 [12]	-	-	24.6	-	-	-	-	-	74.6	-	-	0.8
Chrcanovic and Custodio 2010 [4]	-	-	6.2	-	-	-	-	-	54.9	-	-	38.9
Nimigean 2013 [2]	-	-	24	-	-	-	-	-	73	-	-	3
Tomaszewska 2014 [6]	22.3	23.9	23.1	-	-	-	75.4	74	74.7	1.1	1.1	2.2
Present Study	14.6	18.4	16.5	44.6	40.8	42.7	27.2	26.2	26.7	13.6	14.6	14.1

Table 6: GPF Position in relation to the 3rd molar tooth.

Table 7: Comparison of the direction of the GPF opening in to the oral cavity.

	ANTERIOR	ANTERO-MEDIAL	ANTEROLATERAL	VERTICAL	POSTERIOR
	(%)	(%)	(%)	(%)	(%)
Saralya and Nayak 2007 [12]	41.3	46.2	12.5	-	-
Chrcanovic and Custodio 2010 [80 Skull] [4]	69.4	18.7	0	11.87	-
Murali 2016 [13]	39.6	49.7	10.7	-	-
Patil et al 2016		88.2	-	11.4	0.4
Present Study	30.6	57.8	0	11.6	0

		DGM on the	DGM on the	DGP in
		Right Side in mm	Left Side in mm	mm
Table 8: Comparison of	Saralaya and Nayak 2007 [12]	14.7	14.7	4.2
DGM /DGP.	Chrcanovic and Custodio 2010 [4]	14.7	14.4	3.4
	Sharma and Garud 2013 [5]	14.7	14.4	3.4
	Patil et al 2016 [8]	14.6	14.9	5.4
	Present Study	13.1	13.2	4.4

 Table 9:
 Comparison of the shapes of the GPF.

			Lopes et al [14] [Male=65, Female=29]	Percent	Patil et al [8] [Male=55, Female68]	Percent	Present Study [Male=70, Female=33]	Percent
		Oval	38/65	58.5	47/55	85.5	59/70	84.3
	Right	Round	09/65	13.8	07/55	12.7	9/70	12.8
Mala		Slit	1 <mark>8/65</mark>	27.7	01/55	1.8	2/70	2.9
iviale	Left	Oval	38/ <mark>65</mark>	58.5	48/55	87.3	61/70	87.2
		Round	09/65	16.9	06/55	10.9	8/70	11.4
		Slit	16/65	24.6	Jan-55	1.8	1/70	1.4
		Oval	15/29	51.7	57/68	83.8	28/33	84.8
	Right	Round	06/29	20.7	07/68	10.3	3/33	9.1
Formela		Slit	08/29	27.6	04/68	5.9	2/33	6.1
Female		Oval	16/29	<mark>5</mark> 5.2	60/68	88.2	29/33	87.9
	Left	Round	06/29	<mark>2</mark> 0.7	02/68	2.9	1/33	3
		Slit	07/29	24.1	06/68	8.9	3/33	9.1

DISCUSSION

Hwang et al in 2011 [7] studied 55 CT scans and found that the transverse diameter of the GPF in male is significantly larger than that of the female. Patil et al [8] in 2016 studied 123 dry skulls in which both the transverse diameter and AP diameters were significantly largerin males. But in our study only the transverse diameter in males was statistically significantly larger than that of the females. The anterior posterior diameters did not show any sexual predispositions in our study.

All the studies found the anteroposterior diameter of the GPF to be larger than that of thetransverse diameter.

Table 6 compares the position of the GPF in

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various other studies with that of our present study.Saralya and Nayak [12] studied 132 unsexed skulls which reported that in 74.6% cases the GPF lies opposite 3rd molar. In the Brazilian population Chrcanovic and Custodio studied 80 human skulls found this position in 54.87% cases [4]. In our study we found in most of the cases the GPF lies medial to the anterior ½ of 3rdmolar tooth (42.7%). This incidence is almost same in both the sexes and the values were also statistically insignificant. These findings corroborate the result of various literature that suggest that the most common location of the GPF is medial to the 3rd molar tooth.

Table 7 illustrates and compares the direction of the GPF opening into the oral cavity in earlier studies with that of our present study. Saralya and Nayak [12] studied 132 skulls in the west side of southern India and inferred that in 49.2% cases the GPF opens antero-medially. Murali et al studied 137 skulls in south India and reported that in 49.7% cases the direction of opening of the GPF is Anteromedial [13]. In both the above studies the skulls were not separately studied for gender variations. Table no 1 details our study data where we found in 57.8% cases the direction is antero-medial, in 30.6% it is anterior and in rest 11.6% it is vertical. In no skull we could find the GPF opening antero-laterally or posteriorly.

Table 1 shows that the distance from GPF to MMS (DGM) on the left side (13.28±0.53 mm in males, 13.07±1.45 mm in females) and on right side (13.16±0.82mm in males, 12.88±1.34mm in females) having no statistical significance in the sexes. In Table No 8 DGM on both the sides and DGP are compared with studies from other authors. According to Patil et al 2016 [8] showed no statistical significance with regards to sexual dimorphism.

The distance of GPF from PBHP(DGP) in our study on right side is 5.22±0.67mm in males, 3.95±0.88mm in females and on left side it is 5.09±0.75mm inmales, 3.53±0.96 mm in females .Both the sexes when compared showed statistical significant values(p-0.0001 on right side & p-0.0001 on left side). Gender wise shape difference of the GPF on either side has been studied by Lopes et al and Patil et al in. Table 9compares our data with these studies.

As shown in Table 1 in our study, the angle between MMS and the line joining the incisive foramen with the GPF was found on right side to be, 23.04±1.7mm in males, 23.76±1.94mm in females and on the left side, 22.69±1.33mm in males, 23.28±1.94mm.This angle formed was more acute in males, but we could not find any statistically significant gender predisposition in these data. Awareness regarding this angulation variations, will be helpful in various maxillofacial surgeries thereby reducing the number of attempts for introducing the anesthetic agents.

CONCLUSION

Clinicians require accurate assessment of the position of greater palatine foramen for giving posterior palatal anaesthesia. Our study found out that there is quite a lot of variations in the position of the GPF. Through these data comparison of the skulls of different regions and populations can be done. In the eastern Indian region it was found that the greater palatine foramen position is quite consistent and lies at about 3-4mm anterior to the posterior palatal border. Our study will help in establishing an anatomical parameter database in the eastern Indian population, which will be of immense help to the researchers in future. For maxillary nerve block procedure the needle could be inserted in smallest possible route by knowing the direction of opening of the greater palatine foramen. Hence the clinicians and the anesthetists need to be aware of all these variations for providing optimum anaesthesia during the vital surgical manoeuvres.

Conflicts of Interests: None

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